



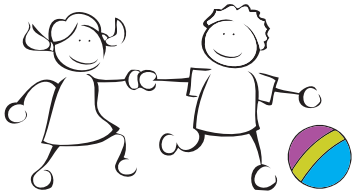
The Great Kindness Challenge®

JUNIOR EDITION

Kindness Matters.
Complete as many acts of kindness as you can.
Have fun!

Acts of Kindness

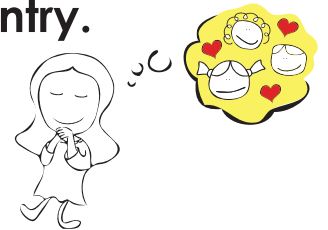
☐ Invite a new friend to play.



☐ Smile at 25 people.



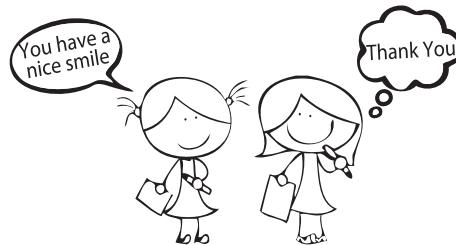
☐ Make a wish for a child in another country.



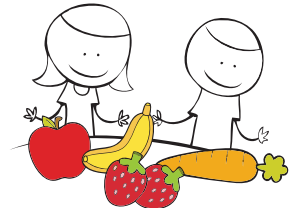
☐ Give your friend a High Five.



☐ Compliment 5 people.



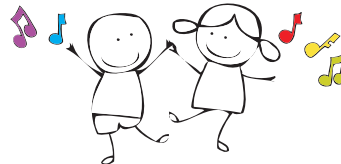
☐ Be kind to yourself and eat a healthy snack.



☐ Decorate 5 hearts and give them to friends.



☐ Entertain someone with a happy dance.



☐ Lend a pencil to a friend.



☐ Help someone up if they fall down.



☐ Thank someone who has helped you.



☐ Create your own kind deed.

